What New Yorkers Can Do to Limit the Spread of the Coronavirus

Unless you are severely ill, avoid going to the Emergency Room or Doctor's Office to limit exposure to other patients and health care workers. If you feel sick, stay home and call your health care provider.

If you have symptoms for more than 3 or 4 days, call 311 for immediate advice. If needed, you will be connected to a clinician who will help determine if you need to seek treatment or testing, or if you should stay home and continue to monitor your symptoms to prevent exposure to others.

If you may have come in contact with a person who is sick, you will likely be asked to self-isolate or schedule a time for further evaluation or testing. Most cases of the virus involve mild and moderate symptoms of fever and cough and can be safely managed at home.

Call 911 if you are having trouble breathing or any other symptoms that require immediate medical attention.

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